

# JUNIOR COACHING SCHEDULE SEPT-DEC 2017

Course	Level	Time	Age	Girls/Boys	Venue	Starts	weeks	costs
<b>Monday</b>								
Red Heroes	All	4.30-5.30pm	4-8yrs	Mixed	Lansdown	11th Sept	12	£84
Orange Heroes	2	4.30-5.30pm	8-10yrs	Mixed	Lansdown	11th Sept	12	£84
Green Heroes	2	4.30-5.30pm	9-11yrs	Mixed	Lansdown	11th Sept	12	£84
Junior	All	5.30-6.30pm	11-14yrs	Boys	Lansdown	11th Sept	12	£84
Junior	All	5.30-6.30pm	13-16yrs	Girls	Lansdown	11th Sept	12	£84
<b>Tuesday</b>								
Red Heroes	1	4-5pm	4-8yrs	Mixed	Lansdown	12th Sept	12	£84
Orange Heroes	1	4-5pm	8-10yrs	Mixed	Lansdown	12th Sept	12	£84
Green Heroes	1	4-5pm	9-11yrs	Mixed	Lansdown	12th Sept	12	£84
Junior	All	5-6pm	11-14yrs	Mixed	Lansdown	12th Sept	12	£84
Junior Cardio	all	6-7pm	13-16yrs	Mixed	Lansdown	12th Sept	12	£84
<b>Wednesday</b>								
Red Heroes	1	4.30-5.30pm	4-8yrs	Mixed	Lansdown	13th Sept	12	£84
Orange Heroes	1	4.30-5.30pm	8-10yrs	Mixed	Lansdown	13th Sept	12	£84
Green Heroes	1	4.30-5.30pm	9-11yrs	Mixed	Lansdown	13th Sept	12	£84
Junior	Squad	5.30-6.30pm	11-16yrs	Girls	Lansdown	13th Sept	12	£84
<b>Thursday</b>								
Red Heroes	All	4-5pm	4-8yrs	Mixed	Lansdown	14th Sept	12	£84
Orange Heroes	All	4-5pm	8-10yrs	Mixed	Lansdown	14th Sept	12	£84

<b>Green Heroes</b>	All	5-6pm	9-11yrs	Girls	Lansdown	14th Sept	12	£84
<b>Junior</b>	Team	5-6pm	11-16yrs	Boys	Lansdown	14th Sept	12	£84
<b>Junior</b>	Team	5-6pm	14-17yrs	Mixed	Lansdown	14th Sept	12	£84

Friday

<b>Red Heroes</b>	1	4.30-5.30pm	4-8yrs	Mixed	Lansdown	15th Sept	12	£84
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Saturday

<b>Red Heroes</b>	1	9.30-10.30am	4-8yrs	Mixed	Lansdown	16th Sept	12	£84
<b>Orange Heroes</b>	1	10.30-11.30am	8-10yrs	Mixed	Lansdown	16th Sept	12	£84
<b>Green Heroes</b>	1	10.30-11.30am	9-11yrs	Mixed	Lansdown	16th Sept	12	£84
<b>Junior</b>	Squad	12.30-1.30pm	12-17yrs	Mixed	Lansdown	16th Sept	12	£84